

MARK & MURIEL FORREST AND FRIENDS INVITE YOU

Body, Mind & Soul Cruise

JANUARY 14th - 21st 2012



7 Day Western Caribbean Cruise leaves from the Port Everglades

Ask about our Pre-Cruise Packages in
Port Everglades

For further information and reservations
on this exciting cruise, please call:

CRUISE SPECIALISTS of long island
1-800-499-2010 or 631-499-2010

or visit:

www.MarkForrest.com

*Admission to performances are exclusive to those
booking through Cruise Specialists.*

**EARLY BIRD SPECIAL
STARTING AT \$699**

Book Before June 30th & Receive

\$100 OFF

per person!

Guests Include:

MARK FORREST, Irish Tenor
MURIEL FORREST, co-founders,
The Faith and Family Foundation

FR. FRANCIS PEFFLEY,
Pastor of Holy Trinity Church, Gainesville, VA
Well known Catholic apologist

FR. JAMES BARKETT,
Pastor, St. Mary of Sorrows Parish, Fairfax,
VA, Pro-life Speaker

MR. CHUCK PIOLA, International
Author and Speaker dubbed the King of Cold
Calls, his knowledge and insight will change
the way you look at life.

DR. PETER J. HILGARTNER,
Chiropractic Physician; Holistic Health Expert,
Certified Strength, Conditioning and Sports
Medicine Specialist; Former Marine;
motivational speaker and fitness expert.

DR. LOLIN K. HILGARTNER, DC,
CNS
Chiropractic Physician, Nutrition
Specialist, and Holistic Health Expert

MR. JOHN PAUL KAPLAN,
internationally acclaimed pianist



**Prices Start
at \$699**

**Kids Under 11 Years of Age Sail Free
Children 12-17 Years of Age Cruise for Only \$99.00**

A percentage of proceeds will go towards The Faith and Family
Foundation, for special needs children.

All prices are USD. Children 11 and under sail free as 3rd/4th guest in same stateroom as two full-fare paying guests. Ship's registry: Panama. Deposits refundable until 10/31/11. Per person double occupancy, port/other charges an additional \$231.35 (subject to change). Offer is capacity-controlled and cannot be combined with any other discount or promotion. Round trip airfare available from most major cities. Other restrictions may apply. Prices, itinerary, performers and speakers are subject to change without notice.

MARK & MURIEL FORREST AND FRIENDS INVITE YOU

Body, Mind & Soul Cruise

JANUARY 14th - 21st 2012

7 Day Western Caribbean Cruise

Cruise will include:

- Daily mass and confession
- Concert with Irish Tenor Mark Forrest
- Recital by pianist John Paul Kaplan
- Health and wellness programs
- Daily fitness programs
- Educational seminars
- Full program of cruise activities

A percentage of proceeds will go towards The Faith and Family Foundation, for special needs children.

Interior Stateroom	from	\$799.00
Oceanview Stateroom	from	\$899.00
Balcony Stateroom	from	\$1,099.00
Superior Balcony Stateroom	from	\$1,219.00

Deposits Fully Refundable until 10/31/11

Kids Under 11 Year of Age Sail Free

Children 12-17 Years of Age cruise for Only \$99.00

DAY	PORT OF CALL	ARRIVE	DEPART
Saturday	Port Everglades, FL, USA		7:00 pm
Sunday	Key West, FL, USA	7:00 am	2:00 pm
Monday	Cozumel, Mexico	10:00 am	6:00 pm
Tuesday	Isla De Roatan, Honduras	10:00 am	6:00 pm
Wednesday	At Sea		
Thursday	Montego Bay, Jamaica	8:00 am	3:00 pm
Friday	At Sea		
Saturday	Port Everglades, FL, USA	7:00 am	

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"Ultimate Great Family Getaway"

About MSC Cruises & the Poesia Ship—

MSC Cruises offers an experience that is "Beautiful, Passionate, Italian." and the MSC Poesia is no exception. With the rhythmic sway of samba music dancing through the gentle poolside breeze, it comes as no surprise that the Italian word 'Poesia' translates to Poetry. Like a sonnet bringing moving emotion and reviving wonderful memories, the MSC Poesia will impart each guest with a poem, a feeling of complete serenity, and a memory to last a lifetime.

With a 13,000 square foot spa, multiple swimming pools, Las Vegas-style gaming rooms, and much more, the MSC Poesia has attractions and entertainment for each guest.

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